

club vtech

IN THE KITCHEN

FOOD ACTIVITY:

Pizza On A Stick

What You'll Need:

- ✓ Mom or Dad's help
- ✓ Knife
- ✓ Wooden skewer sticks
- ✓ Baking sheet
- ✓ Basting brush
- ✓ Oven

Ingredients:

- ✓ 1 cup sliced pepperoni
- ✓ 1 cup sliced Italian sausage
- √ ½ French bread loaf, toasted, cubed
- √ ½ green pepper, cut into bite-sized pieces
- √ ½ cup halved fresh mushrooms
- √ ½ cup zucchini slices
- √ ¼ cup Italian dressing
- √ ¼ cup shredded mozzarella
- ✓ 1 cup spaghetti sauce, warmed

Kids can help make these delicious and convenient snacks. Encourage them to make creative patterns as they put together their kabobs.

Directions:

- 1. Preheat oven to 350 degrees F.
- 2. Thread meat, bread, and veggies onto skewers.
- 3. Arrange in a single layer on a baking sheet, and brush with Italian dressing.
- 4. Sprinkle with cheese and bake for 20 minutes, until heated through and cheese is melted.
- 5. Serve with warm spaghetti sauce for dipping.

